

Name:		Birthdate:			
Hei	ight: Weight: Etl	nnicity:			
1.	Servings of dairy intake daily (circle one) 1-2 3-4	5-6	7-8		
2.	Have you had any broken bones (fractures)?			□ Yes	□ No
	a. Date of most recent fracture:				
	b. Date of next most recent fracture:				
	c. Cause of broken bones (fractures):				
	d. Any vertebral (spine) fractures?			□ Yes	□ No
3.	Do you now, or have you ever, smoked?			☐ Yes	□ No
	a. How many years have you smoked?				
	b. If you no longer smoke, when did you quit?				
	c. How many cigarettes per day do/did you smoke?				
4.	How often do you drink alcoholic beverages? (circle one)			
	Never Occasionally Daily	1-2	2 drinks/week	3-6 drinl	ks/week
5.	Do you exercise regularly?			☐ Yes	□ No
	How many hours per week? What type of exercise	?			
6.	Does anyone in your family have a history of osteoporos	is?		□ Yes	□ No
	Relationship				
7.	Do you have a family history of breast cancer?			☐ Yes	□ No
8.	Date of last menstrual period?				
9.	Age at menopause?				
10.	Have you had a hysterectomy?			☐ Yes	□ No
	Were your ovaries removed?			☐ Yes	□ No

11. Have	you ever been treated with any of the following	List all other medications
medic	ations? Please indicate when and for how long	you are currently taking:
you w	ere on each medication.	
Estrog	gen	
Proge	esterone	
	nate	
Andro	gens	
Antico	onvulsants	
	nax	
Calcite	onin	
Gluco	corticoids	
	ide	
	de	
Synth	roid	
Bispho	osphonates	
Aroma	atase Inhibitors	
Tamo	xifen	
by you	u have any of the following health conditions? If so, ur physician.	
	disease	
	ovascular disease	
Arthrit		
Kidne	y problems	
	tes	
	tive problems	
	id, hormonal	
Prima	ry hyperparathyroidism	
Lupus	s, immune	
	(asthma)	
Stroke	e	
	nson's disease	
Nervo	ous disorders	
	ological	
	talizations and surgeries	